

Welcome to the South Dakota Mines **Wellness Center**

Please follow these basic rules as you enjoy your workout:

- 1) SIGN IN and SHOW ID to Wellness Center Staff on your way in (In the Wellness Center Room). This knowledge will help us track usage of the facility!**
 - a. All users must sign a waiver at the front desk their first time using the facility.**
- 2) Dress appropriately with proper workout attire.**
 - a. Full coverage shirts and gym shoes are required.**
 - b. No Boots**
 - c. No Jeans**
- 3) Be mindful of the space around you to provide safety and comfort for yourself and others.**
- 4) No gum or food allowed in the facility. Water permitted.**
- 5) Animals and tobacco products of any kind are prohibited from the facility.**
- 6) Be aware of your surroundings and allow others to “work-in” with your workout.**
- 7) Participation is at your own risk. SD Mines is not responsible for accidents or injuries that occur due to the nature of the activity.**

Thank you for your cooperation!